



# KIND<sup>®</sup>

**Amounts in ml/gallon** 1/2 tsp = 2.5 ml 1 teaspoon = 5 ml 1 tablespoon = 15 ml 1 ounce = 30 ml 1 gallon = 3.8 liters



## KIND Standard Recipe

Stage of Growth	Seedlings / Clones	Vegetative			Bloom Transition			Flowering / Fruiting				Ripening
Number of Weeks	Week 1	Week 1	Week 2	Week 3	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
<b>KIND Base</b>	4 ml	6 ml	8 ml	8 ml	12 ml	12 ml	10 ml	10 ml	10 ml	8 ml	8 ml	6 ml
<b>KIND Grow</b>	4 ml	8 ml	10 ml	12 ml	0	0	0	0	0	0	0	0
<b>KIND Bloom</b>	4 ml	0	0	0	10 ml	10 ml	15 ml	15 ml	15 ml	16 ml	16 ml	12 ml

### FEEDSHEET TIPS

1. When mixing Kind nutrients, add Kind Base first, then add Kind Grow or Bloom and additives. Rinse measuring cups between doses to prevent contamination.
2. In warmer environments, plants will lose more water through transpiration. Applying a more dilute nutrient solution when temperatures are warmer will prevent over-fertilization.
3. If growing in coconut coir-based media or if using reverse osmosis water, add 3-5 ml of Botanicare Cal-Mag Plus to the nutrient solution recipe.
4. Maintain a nutrient solution pH range between 5.5-6.5 using Botanicare pH Up or pH Down.
5. The optimal temperature range of the nutrient solution is... 68°F - 75°F (20°C - 24°C).
6. Use nutrient solution immediately after mixing or keep solution circulating to prevent settling.
7. If using a recirculating system, maintain water level in reservoir by adding fresh water and nutrients as needed. Change solution every week.
8. If using a drain to waste system, allow 10-20% runoff to decrease potential for salt buildup. If no runoff is planned, reduce the PPM/EC to prevent potential salt buildup.
9. Additional Botanicare supplements have been scientifically formulated to meet plant needs during important phases of growth and development. Use Hydroguard for maximum root protection, Vitamino to enhance plant tissue development and maintain microbial-root health, and Clearx to break ionic bonds in the grow media while flushing or in the case of over fertilization.

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## KIND Expert Recipe

Stage of Growth	Seedlings / Clones	Vegetative			Bloom Transition			Flowering / Fruiting				Ripening
Number of Weeks	Week 1	Week 1	Week 2	Week 3	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
<b>KIND Base</b>	4 ml	6 ml	8 ml	8 ml	12 ml	12 ml	10 ml	10 ml	10 ml	8 ml	8 ml	6 ml
<b>KIND Grow</b>	4 ml	8 ml	10 ml	12 ml	0	0	0	0	0	0	0	0
<b>KIND Bloom</b>	4 ml	0	0	0	10 ml	10 ml	15 ml	15 ml	15 ml	16 ml	16 ml	12 ml
<b>Rhizo Blast</b>	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	0	0	0	0	0
<b>Pure Blend Tea</b>	1 ml	2 ml	3 ml	3 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml	5 ml
<b>Silica Blast</b>	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml	4 ml
<b>Hydroguard</b>	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml

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